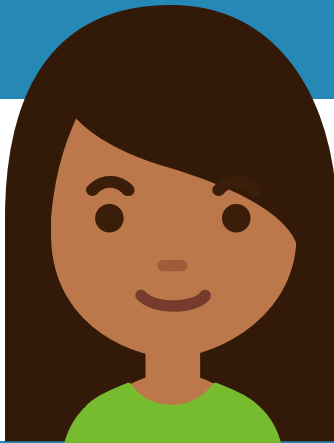


# Motivational Interviewing Certification



SELF-PACED    SELF-DIRECTED    100% ONLINE    PROGRESS BAR    EXAMS  
CERTIFICATE OF ACHIEVMENT    90 DAYS ACCESS    4+ LEARNING HOURS



Guest instructor  
Tirza Barnes  
CEO Tirza Motivates

*"My work is rooted in the art of empowering others and fostering personal and professional change, through practical, life-changing strategies. Let's journey towards best practices-----together!" --Tirza*

- Standard price: \$350 per person
- Early-bird price: \$300 per person\*
- Contact us for registration information:  
[info@workforce180.com](mailto:info@workforce180.com)

## Topics include:

- What is MI?
- Remembering Your Why
- Inspiring Yourself to Change
- Identifying Change in Others
- The Practice of OARS
- Open-Ended Questions
- Using Affirmations to Empower
- Reflective Listening Applications
- How, Why & When to Summarize
- Rolling with Resistance
- Co-Creating Change Plans
- Bonus Role Play Video

*\*Pricing available for orders placed through May 31*

AVAILABLE FOR ACCESS JUNE 1, 2022

